

Find out what you are in control of and what you are not in control of.	Find six or more interactions or situations, that are coming up in the next 7 - 10 days, and estimate <u>how much control</u> you are likely to have there.	<u>Assesing Your Control</u>	Giving a good interview for a job where you can feel great, does not mean that you are in control of getting the job.	
<u>Situation coming along in the near future</u>	<u>Elements that ascertain what will happen</u>	<u>Percent of control you have</u>	<u>What actually happened</u>	<u>Elements that influence what took place</u>
Job interview	1. Contracting a company for a job vacancy	1. 50% (if there are any job vacancies or offers at the present time)	The company turned you down.	They do not need anybody at this time, or they have taken on an internal applicant.
	2. asking politely in a pleasant way.	2. 100%		
	3. Arranging a time for an interview	3. 100%		
	4. The companies level of interest in taking on an applicant	4. 0%		
	5. Their level of interest in you and what you have to offer	5. 0% overall, it's worth a try 50/50!		